

Find your local opticians for people with learning disabilities.

The website has a list of all the opticians in Cheshire and Merseyside who offer the service:
[www. cmlid.co.uk](http://www.cmlid.co.uk)

Or ring the local Healthwatch team and they will tell you which opticians is nearest to you:

| Healthwatch Team | Phone number |
|-------------------------|---------------------|
| Cheshire East | 03300 882843 |
| Cheshire West | 01606 351134 |
| Halton | 0300 777 6543 |
| Knowsley | 0151 449 3954 |
| Liverpool | 0300 77 77 007 |
| Sefton | 0800 206 1304 |
| St Helens | 0300 111 0007 |
| Warrington | 01925 246893 |
| Wirral | 0151 230 8957 |